BAKU ENGINEERING UNIVERSITY

SDG 3: GOOD HEALTH AND WELL-BEING

1. Policy Statement

Baku Engineering University (BEU) affirms its commitment to Sustainable Development Goal 3: Good Health and Well-Being, which seeks to ensure healthy lives and promote well-being for all at all ages. BEU recognizes the importance of physical, mental, and emotional health in shaping a productive academic community and a resilient society.

2. OBJECTIVES

- To promote a healthy campus environment for students, staff, and faculty.
- To raise awareness of public health, mental health, and preventive healthcare.
- To support research and innovation in health sciences and engineering for well-being.
- To contribute to local and national health improvement through education and outreach.

3. GUIDING PRINCIPLES

- Wellness for All: Health is a universal right and priority across all levels of university life.
- Prevention First: Encourage preventive approaches to health over reactive solutions.
- Integration: Embed health and well-being into academic, operational, and social systems.
- Evidence-Based Practice: Promote decisions informed by scientific research and health data.

4. ALIGNMENT WITH NATIONAL STRATEGIES

This policy supports Azerbaijan's National Strategy for Health Development (2022–2030) and aligns with national goals on enhancing health systems, promoting youth well-being, and addressing mental health. It also complements the State Program on Improving Public Health and Sanitary-Epidemiological Well-Being.

5. KEY STRATEGIES

- **Campus Health Services**

- Establish or expand access to on-campus medical and psychological services.

- Implement regular health screenings, vaccination drives, and wellness programs.

- **Mental Health and Well-Being**

- Offer confidential counseling and mental health support for students and staff.
- Organize stress management, mindfulness, and emotional resilience workshops.

- **Health Education and Awareness**

- Deliver seminars and awareness campaigns on topics such as nutrition, physical activity, substance abuse prevention, and reproductive health.
- Integrate health and well-being themes into student orientation and life-skills training.

- **Research and Innovation**

- Encourage interdisciplinary health-related research, including biomedical engineering, digital health, and health informatics.
- Support student-led health tech projects and partnerships with health sector organizations.

- **Community Engagement**

- Partner with local clinics, schools, and NGOs to deliver health education and services in underserved areas.
- Involve students in public health campaigns and volunteer medical outreach programs.

6. IMPLEMENTATION AND MONITORING

The Office of Student Affairs, together with the University Health Unit and relevant academic departments, will coordinate the implementation of this policy. Progress will be monitored using key indicators such as:

- Number of students accessing health and mental health services
- Participation rates in health awareness campaigns
- Research output and partnerships related to public health

7. REVIEW AND REVISIONS

This policy will be reviewed every two years to remain in line with national health priorities and evolving global health standards. Updates will be proposed by a university health advisory group and approved by senior leadership.